



TRAINING PTY LTD

CREATING SUSTAINABLE CHANGE

LEADERSHIP FOR LIFE TRAINING



CONTENT OVERVIEW

Leadership for Life is an international programme that unlocks leadership potential within communities by applying timeless principles of personal transformation. It fosters a mindset shift, encouraging individuals to take responsibility for changing their lives and communities. Furthermore, it establishes ownership and accountability, motivating individuals to set up and follow through on livelihood projects that also benefit others.



Training Outcomes

- Self-leadership and healthy relationships
- Renewed mindsets and ownership to overcome
- Effective personal and small project finance
- Leading a project that will benefit the community
- Small groups and team leadership



Target Audience

- Community members
- Existing and emerging leaders
- Youth
- Unemployed individuals
- Entrepreneurs



Course Structure

- 4 days in-person training
- Two follow-up mentorship sessions
- 20-30 participants per group



Certification

- Certificate of participation upon completion



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Module 1 – Lead Yourself

- Understanding your potential
- Overcoming poverty mindsets
- Developing leadership mindsets
- Building heart and character
- Crafting your life story
- The five stages of writing your story

Module 2 – Lead Your Finance

- Factors that keeps us poor
- Understanding good and bad financial management
- Setting financial goals
- Changing your thinking to change your life
- Leveraging group saving and accountability
- Saving for life
- Personal budgeting for the future

Module 3 – Lead Your Project

- Defining the passionate purpose of your project
- Identifying the current reality
- Creating a shared vision
- Identifying key focus areas
- Building strategic partnerships
- Developing a project plan
- Managing project finances effectively

Module 4 – Lead Your Team/Group/ Relationships

- Defining your team's purpose
- Establishing a positive team culture
- Defining an ideal future
- Developing a project plan
- Defining roles and responsibilities
- Building effective teams to achieve results

TESTIMONIAL

“We had a great facilitator and I learnt a lot. At first, I thought I was not a leader. I perceived leaders as people who rule us, like councillors. I did not know that as an individual I can be a leader. We learnt about finances and that you need to be disciplined. Always save and be able to say no. I learnt about living inside your means, which means living a life you can afford and not comparing yourself. It is wrong to buy impulsively, because you won't be buying within your budget, and this can lead to debts, which are bad. Be patient when it comes to things you want to buy, save when you have to, and avoid debts.”

– Peter Sefora



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